

## **Fascioligamentous Organs**

Who teaches physicians? The patient people they try to help. I have been blessed to be both treated and trained by two physicians who looked at two areas of the body few physicians know about or treat using natural medicine. The first was Janet Travell who I met many years ago. She was a courageous physician who studied muscles as a source of pain, and took on the medical establishment at a time when such ideas were disparaged. President Kennedy who suffered from back pain had requested her to be his personal physician. Dr. Gustav Hemwall, the world's most experienced prolotherapist believed the cause of most musculoskeletal pain to be ligamentous. Both were contemporaries, still arguing about their respective beliefs. Muscle strains and ligament sprains drift from the family physician in early stages to the orthopedic surgeon in more chronic stages. In fact, the most likely treatment you will get will be cortisone injections, NSA IDS or CO X-2 inhibitors and ice treatments. Recently, one of my patients proudly showed me an article in a muscle magazine, replete with references from well respected medical journals. It indicated that bodybuilders who took allopathic pharmaceuticals need to be aware that NSA IDS inhibit muscle growth and cartilage repair. Just for fun, I spent a Sunday researching all the references in the article, and began to wonder why my pharmaceutical representative never made me aware of these studies. Be aware that NFL players get the same type of health care you do. I was at an orthopedic medicine meeting, and in our conference these big bodybuilders knew a lot about mTO R, satellite cells and such. Arnold (Schwarzenegger) is a lot smarter than you think. You must understand we have been manipulated into thinking that, despite the adage that no pain, no gain is natural, we can take these products and they stop the pain immediately and without cost. Do you really think the body is that stupid? If you have an intense workout, or yard work, you will be sore or in pain because the body produces signals that begin the repair process and produce inflammation mechanisms which are essential for this repair. Want to learn more? Visit [www.getprolo.com](http://www.getprolo.com), or place prolotherapy in a search engine. Go teach your physician something, his pharmaceutical representatives aren't.

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